

GEORGIA CHAMBER

Resiliency & Recovery Initiative

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WEAR A MASK: Protect yourself, your neighbors, and your local businesses

from the Centers for Disease Control and Prevention

Who should wear a mask?

The CDC recommends that **everyone should wear a facemask**, except children under 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

Individuals who are hard of hearing, deaf, or have other developmental disabilities should consult with their healthcare providers on alternative options.

Why should I wear a mask?

Cloth face coverings **reduce the transmission of COVID-19**

particles traveling into the air and onto other people when a person coughs, sneezes, talks or raises his/her voice. COVID-19 can be spread to others even if a person does not “feel sick”.

When should I wear a mask?

Everybody should wear a **cloth face cover** in public settings and when around people who do not live in the same household, especially when **social distancing** measures are difficult to maintain.



The Dos & Don'ts of Wearing a Facemask

- ◆ **DO NOT** use a facemask meant for a healthcare worker. Currently, surgical masks and N95 respirators are critical supplies that should be reserved for healthcare workers and other first responders.
- ◆ **DO NOT** touch the facemask. But, if you do, please wash your hands.
- ◆ **DO** continue to keep about 6 feet between yourself and others. The cloth facemask is not a substitute for social distancing.
- ◆ **DO** continue **everyday preventive actions** including avoiding close contact, washing your hands often, avoiding touching your face, and frequently cleaning and disinfecting surfaces.

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