

# GEORGIA CHAMBER

## Resiliency & Recovery Initiative

[gachamber.com/covid19](http://gachamber.com/covid19)

July 10, 2020

### SOCIAL DISTANCING: Stay Six Feet Apart

*from the Centers for Disease Control and Prevention*

Limiting close face-to-face contact with others is the best way to reduce the spread of COVID-19. This is why social distancing remains integral in the fight against the virus.

**Social distancing** means keeping a safe space between yourself and other people who are not from your household.

To practice social or physical distancing, stay at least 6 feet (about 2 arms' length) from other people who are not from your household in both **indoor and outdoor spaces**.

Social distancing helps limit opportunities to come in contact with contaminated surfaces and infected people outside the home.

#### Tips for Social Distancing:

##### ◆ Limit Contact

###### **When Running Errands:**

Stay at least 6 feet away from others who are not from your household while shopping and in lines. If possible, use drive-thru, curbside pick-up, or delivery services to limit face-to-face contact with others. Maintain physical distance between yourself and others and wear a cloth face covering.

##### ◆ Choose Safe Social Activities:

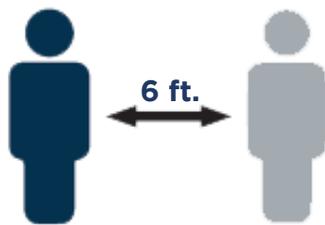
If meeting others in person (e.g., at small outdoor gatherings, yard or driveway gathering with a small group of friends or family members), stay at least 6 feet from others who are not from your household.

##### ◆ Keep Distance at Events and

**Gatherings:** It is safest to avoid crowded

places and gatherings where it may be difficult to stay at least 6 feet away from others who are not from your household. If you are in a crowded space, try to keep 6 feet of space between yourself and others at all times, and wear a cloth face covering. Pay attention to posted signage and allow other people 6 feet of space when you pass by them in both indoor and outdoor settings.

**Social distancing** should be practiced in combination with other everyday preventive actions, including wearing cloth face coverings, avoiding touching your face with unwashed hands, and frequently washing your hands with soap and water for at least 20 seconds.



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